



50
SPELLS
YOU CAN DO IN 5 MINUTES OR LESS
Tess Whitehurst



ABUNDANCE SPELLS

1. Anoint your wallet with essential oil of eucalyptus to bless your finances and draw abundance.
2. Put a little bit of patchouli or cinnamon oil on a 20 dollar bill and slide it between your box spring and mattress so you'll absorb prosperity energy while you sleep.
3. Put a pot of marigolds by your front door to welcome in wealth.
4. Drink green tea to energize your prosperity consciousness.
5. Bring daisies into your home to magnetize money.
6. Empower a clear quartz point in bright sunlight, fold and neatly wrap a dollar bill around it, and tie it tightly with bright red string. Place on your altar to attract wealth.
7. Eat oatmeal with cinnamon to internalize the energy of wealth.
8. Put gold gem elixir in your water to vibrate at the frequency of abundance.
9. Empower a citrine quartz pendant in bright sunlight and wear it to attract financial windfalls.
10. Dance exuberantly to the song *Gratitude* by the band Earth, Wind, and Fire, feeling grateful for all the amazing blessings you already have. This will magnetize even more blessings. (It will also be fun!)

LOVE SPELLS

1. Mix a little jasmine absolute in sweet almond oil and anoint your belly, heart, and brow to attract romance.
2. Mist your space with rose water to create a sweet and loving vibration.
3. Bring red roses into your space to attract passionate romance.
4. Bring pink roses into your space to attract sweet romance.
5. Bring white roses into your space to purify old or negative energy from a past relationship.
6. Empower a lepidolite pendant in bright sunlight on a Friday, and wear to attract a soulmate.
7. Eat a piece of chocolate slowly, letting each bite melt in your mouth. This will awaken your sensuality and natural sexual attractiveness. (It will also be delicious.)
8. Anoint a photo of you and your partner with essential oil of lavender to create more peace, harmony, and understanding between you.
9. To open a partner's heart to love, put two drops of wild rose flower essence (*not* essential oil) in his or her wine.
10. To gain insight into a romantic relationship, take a solitary, 5-minute walk in nature on a Friday while gently exploring your feelings and deep inner knowing.

SUCCESS SPELLS

1. To magnetize success, light a red candle and say, "Everything I touch is a raging success. Success, success, success!"
2. To get out of a rut and activate a positive and successful flow, place an image of Ganesh on your altar, then place some incense in your incense holder and light it in his honor.
3. Empower hematite jewelry in bright sunlight, then wear it to ensure success in all your endeavors.
4. Place a potted red geranium outside the front door of your home or business to welcome in success and protect positive energy within the space.
5. First thing upon awakening, stand up, do a little happy dance, and say, "Today, I experience success after success after success, and everything goes my way."
6. Bring a potted jade plant into your home to increase your productivity and luck.
7. To ignite your fame, sit in front of a raging fire in a fireplace or fire pit. Relax and feel that you are aligning with the vibration of the flame, and letting it energize and illuminate you.
8. Cleanse a sea opal in a natural body of moving water and keep it with you to discover your most ideal career path.
9. If you want to create success in a certain life area, reflect on anything you consider a past failure. Then mentally rename it a success. Firmly declare that everything you've done has perfectly prepared you for the success you desire.
10. Find an image of a dragon you like. Place it on your altar or hang it on your wall.

HEALING SPELLS

1. Wear clear quartz jewelry to strengthen your immunity and energy field.
2. Diffuse essential oil of eucalyptus and rosemary to heal more quickly from a cold.
3. Drink one cup of chamomile tea and put a few drops of essential oil of lavender on your pillow before bed to help heal insomnia.
4. Bring gardenias into a space to support and speed the healing of a chronic or longstanding illness.
5. Tie dried calendula blossoms into green cloth with red thread to create a charm for healing and immunity.
6. Mist yourself with rose water to support emotional healing.
7. Put gorse flower essence (available online and at most health food stores) in your drinking water to help heal depression.
8. Sleep with a black tourmaline in one hand to dissipate tension and anxious thoughts, and to promote restful sleep.
9. Bring a potted rose geranium onto your doorstep or into your yard to promote emotional healing and relieve the grief of a broken heart.
10. Visualize bright, emerald green light around yourself or others to speed healing and bolster the body's natural and intuitive healing ability.

PURIFICATION SPELLS

1. Walk barefoot on grass or sand to purify your body and aura of frenetic energy and energetic toxins.
2. Wave a selenite wand around your body to neutralize and draw out negativity.
3. Put 10 drops of essential oil of clary sage in a mister with spring water. Shake well and mist any person, place, or object to powerfully clear away stuck or negative energy and to uplift the spirit.
4. Stand next to ocean waves or a rushing stream to cleanse, calibrate, and activate your personal energy field.
5. To mitigate a persistent feeling of energetic uncleanliness, put 3 drops of crabapple flower essence (available online and at most health food stores) in your drinking water.
6. Chant "Om" for 5 minutes.
7. Wear fluorite jewelry to clear and energize the mind.
8. Ring a bell or chime to lift and clear the vibration of a person or place.
9. Safely burn copal incense to purify a home or other space of unhappy spirits and undesirable spiritual debris.
10. Stand with your back against the trunk of a tree as the wind blows through its leaves. Feel purified and refreshed by both the element of earth and the element of air.